

CONGREGATION



TABLET NEWSLETTER

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*January 2022*



FROM THE BIMAH!



## *From the Bimah*

Today is December 24<sup>th</sup>. Much of the world around us is celebrating Christmas Eve and many more people are travelling this year for the holiday season than last year at this time. I heard on the radio that the Orlando airport will have 1 and ½ million people passing through this year in the next few days. In one sense, covid seems to still have a grip on our society and various entities would curtail and order our actions and movements. Other groups and individuals seem to act as though they have simply moved past it. Each of us will, of course make these decisions for ourselves, and the board of Congregation Sinai will endeavor to make decisions designed to keep us safe.

So, how do we move forward into 2022? Will portions of our lives continue to be on hold forever? Perhaps one of the more important ideas is to respect the needs and thoughts of each other in such a time as this. Whatever any of us might think about all of this, we do not live in a void. Our actions and speech affect other people who we recognize as our extended family. So, let's all be good to one another, let us consider the needs of our friends and neighbors and above all recognize that God will smile as we treat each other with respect and love. May 2022 be the year of our emancipation from the shadow of covid.

Happy New Year,  
Joe and Robin

*Congregation Sinai wishes a hearty Mazel Too to Robin Goldovitz on her retirement. May you enjoy a long and healthy retirement and get to enjoy all the wonderful things life has to offer.*



Dear fellow Members,

I'm writing to you today from my stateroom balcony overlooking the bay at Falmouth, Jamaica. We are on Day 9 of a fabulous 10 day cruise organized by our own Bev Chern. Bev did a great job and had all the bases covered and I'm sure she will share her pictures on Facebook. This cruise was sponsored by the Congregation Sinai Sisterhood as a fund-raiser. Members on board include, the Blooms, the Stu Millers, the Haskelsons, Gwen Levy, the Golds, Judy Hague, the Cherns, friends of Gwen – Elaine Gardian and Sue and Gerald Erikson, Sisterhood member Liz Perez, and the Gartners.

We had such a good time together on tours, meals and other activities. We celebrated Shabbat with services led by Evelyn and Stu Gold and Story time, by me, of course (the adult version). Our second Shabbat was led by our own Reb Lou Chern who only needed a big black hat and payas to be a rabbi. Joe would have been proud.

The only downer was that more of you were not with us. We'll do this again next year (hopefully post-pandemic) and you are all invited. Come aboard, you will not regret it. I have to go now, there's a drink with my name on it waiting for me at the Good Spirits bar. See you shortly and hopefully at the last Kabbalat Shabbat of 2021. I wish you a healthy and happy new year and shalom bayit to all.

Prez Jack



## Adult Education

We continue on Monday nights at 7 PM . A new class has replaced Monday Hebrew at 7:00 PM, translating Hebrew, which will be fun. A Beginning Hebrew class with some translating is held on Wednesdays, at 7:00 PM for those who wish to learn Hebrew or began the first class and had to drop out. Please reserve your spot with Gwen Levy or Joe Goldovitz at [Goldovitz@comcast.net](mailto:Goldovitz@comcast.net) or [Gwenlevy3606@gmail.com](mailto:Gwenlevy3606@gmail.com).



## **Book Club Thursday afternoon at 1:00pm**

Well, here we are -post cruise for some of us and a New Year for all of us. I am sure we all look forward to a more peaceful New Year, a more joyful New Year and a Healthy New Year.

Our meeting is on Thursday January 6th at 1:00PM. Our book is the The Jailhouse Lawyer by Patterson. Our presenter is Joan Mager. The book is actually 2 stories and Joan will be reporting on the first – The Jailhouse Lawyer.

Our book for February is Our Woman in Moscow by Beatrix Williams on February 3rd.. The presenter is Roz Haskelson. Just a little cold war intrigue

Our book for March is the Wish by Nicholas Sparks. Our presenter is Michele Sobel  
Roz Haskelson phone 352-241-6664



## **SISTERHOOD SPEAKS**

Happy New Year Sisters! We had a great time at our Chanukah celebration early in December. We played Chanukah bingo compliments of Bev Chern who found the game online. It really was lots of fun with everyone singing songs as I called out the cards. Bev also gave me a humorous Chanukah story with some Yiddish in it which Gwen read. Chef Pete Sobel made our latkes and Janet Bloom organized the rest of our food. Thanks to everyone.

I'm hearing that our Sisterhood cruise was loads of fun, but not many details because what happens on the cruise stays on the cruise! Thanks to Bev Chern for organizing it! It is a great fundraiser for the Sisterhood.

January 20th will be our next meeting at noon and will feature Trish Kry from Faith Neighborhood as our speaker. It'll be a brown bag lunch kind of day with the Sisterhood providing water and desserts. It would be really great if we could make a big contribution to Faith Neighborhood while Trish is with us. It can be monetary, canned goods, or toiletries! Please help!

Thanks and Stay Healthy!

**Ava**





## Men's Club

Hi Everyone!

Our January Men's Club meeting is scheduled for January 9th. The meeting will be held online only via GoToMeeting at 12 noon. I'm inviting all congregation members to attend the next Men's Club meeting. The link will be sent to everyone. Any reasonable ideas for fund-raising, considering the COVID environment, are welcome.

We only have January 4<sup>th</sup> at Akina scheduled so far for share nights, as we need to confirm dates for 2022 with our other restaurants. I hope everyone can come out and join us!

Personally, we had a tremendous time on the cruise. Bev is working to find other shorter cruises, prior to the next big one, that would not require air travel, to take advantage of the lower capacity by some cruise lines. We only had 50% capacity on the Sisterhood cruise, and it was wonderful. She and Ava will keep you posted.

I would also like to thank all of you for your best wishes for our recent move.

It's a lot of work, and far from over.

As always, please feel free to make suggestions for share nights or events.

Have a great holiday, and best wishes for the new year!

Lou Chern

610-247-6358



# *Birthdays and Anniversaries*

## *January*

02 Wendy Payne

20 Walter Friedman

07 Basha Schlazer

23 Karen Mandel

12 Vicki Dingee

26 Morton Hless

13 Rosalyn Haskelson

15 Carole Lovitz

## *Anniversaries*

15 Ellen Rosen

02 Helen and Scott Miller

16 Phyllis Klafter

08 Gail and Roger Steinberg

30 Bunnie and Walter Friedman

*Mazel Tov!*

## **Why Jews Eat Chinese Food on Christmas**

It's a bit of cliché with a whole lot of truth behind it: Jews love eating Chinese food on Christmas and Christmas Eve. The story of why Jews in America stereotypically enjoy Chinese food on Christmas began, like so many American Jewish stories, on the Lower East Side of Manhattan.

Jewish immigrants from Eastern Europe and Chinese immigrants were two non-Christian immigrant groups living side by side in nearby Manhattan neighborhoods. And while it's true that Chinese restaurants were likely the only option open for Jews on a holiday like Christmas, Adam Chandler points out in this article from The Atlantic that the Jews and Chinese were linked by their otherness on Christmas; neither had yet assimilated into American culture or celebrated the holiday.

Food writer Michael Twitty explains further, sharing, “‘How do you affirm your Americanness when the ‘American’ thing to do is celebrate Christmas?’ he said. ‘You create your own ‘Christmas.’”

Today, most American Jews feel accepted and embraced by American society, and so the isolation and negativity previously associated with the necessity to eat Chinese food has long passed. Chinese food on Christmas is celebrated by society at large, and you can even find restaurants like New York City's Mile End deli featuring special Chinese-Jewish menus specifically for the celebration of “Jewish Christmas.”



## BAGELS AND BIBLE TORAH STUDY CLASS

The sidras we will be studying for January are:

1/1/22 Vaera ----- Ex. 6:2 - 9:35

1/8/22 Bo ----- Ex. 10:1 - 13:16

1/15/22 Beshalach -- Ex. 13:17 -- 17:16

1/22/22 Yitro ----- Ex. 18:1 -- 20:23

1/29/22 Mishpatim -- Ex. 21:1 -- 24:18

We are currently studying the Book of Exodus which deals with the history of our travels from oppression to freedom. It includes the Passover story, The parting of the Red Sea, the revelation on Mt. Sinai and the building of our desert tabernacle.

Please join us each week as we read about the origins of our history and traditions. 10AM every Saturday . Pete

## **The Best Italian Dinner**



# **GOOD MEDICAL NEWS FROM ISRAEL...**

The Israelis do not make islands in the shape of palm trees, towering skyscrapers, expensive hotels, nor do their leaders use cars with massive silver bodies (allusion to Dubai and the United Arab Emirates). The pride of Israel is that its technologies will be able to be used by all humanity:

1. Tel Aviv University is developing a nasal vaccine that will protect people from Alzheimer's and stroke.

2. The Technion, Institute of Technology (Haifa), has developed a simple blood test capable of detecting different types of cancer.

3. The Ichlov Center (Tel Aviv) isolated a protein that makes colonoscopy unnecessary to detect colon cancer, with a simple blood test. Colon cancer kills about 500,000 people annually.

4. Acne doesn't kill but does cause anxiety in teens. The Curlight Laboratory has created a cure. Emitting UV rays at high intensity, kills the bacteria that cause acne.

5. The Given Imaging Laboratory has developed a tiny camera in the form of swallowed pills and transmits thousands of photos of the digestive tract. These high-quality photos (2 per second for 8 hours) can detect polyps, cancers, and sources of bleeding. The photos are sent to a chip that stores them and sends them to a computer. At the end of the process, the chamber is eliminated via the rectum.

6. The Hebrew University (Jerusalem) developed an electrical neuro-stimulator (batteries) that is implanted in the chest of Parkinson's patients, similar to the pacemaker. The emissions from his device block the nerve signals that cause tremors.

7. The simple smell of a patient's breath can detect if a patient has lung cancer. The Russell Berrie Institute for Nanotechnology has created sensors capable of sensing and registering 42 biological markers that indicate the presence of lung cancer without the need for a biopsy.

8. Cauterization can be dispensed with in many cases. Endopat is a device placed between the indicator fingers, which can measure the state of the arteries and predict the possibility of a heart attack in the next 7 years.

9. The University of Bar Ilan studies a new drug that fights viruses through the bloodstream. It is called Vecoy Trap, as it tricks a virus into self-destruction. Very useful to combat hepatitis, and in the future Aids and Ebola.

10. Israeli scientists at Hadassah Medical Center (Jerusalem) may have discovered the first cure for amyotrophic lateral sclerosis, known as Lou Gehrig's disease, in an Orthodox rabbi. Stephen Hawking, a famous British scientist, suffered from this disease and used methods invented by Israeli scientists to communicate.

You will never get this from main-stream media. The world shouldn't live on bad news alone so spread this good news.





## **Yahrzeits**

**Natalie Schoenfeld**

**By Andrew and Ilene Feldman**

**Charles Metro**

**By Susan and John Levy**

**Florence Bain**

**By Basha Schlazer**

**Anna Cohen**

**Margaret Weinberg**

**By Ava and David McKean**

**Elaine Gold**

**Melvyn Gold**

**By Stuart and Evelyn Gold**

**Mark Koskie**

**Helen Skrobacky**

**By Russell and Tobie Koskie**

**Mildred Kaufman**

**Leila Kartzmer**

**Anita Resnick**

**By Phil and Janet Bloom**

**Anne Lovitz**

**By Carole and Harold Lovitz**

**Ron Pape**

**By Judy Pape**

**Lee Weiss**

**By Roberta Gapin**

**Barbara Cagan**

**Arthur T. Cagan**

**By Steve and Rosalind Silpe**

**Sylvia Rubin**

**Hyman Rubin**

**By Rhonda and Randy Hunt**

**Hilde Sail**

**Eva A. Granger**

**By Ann and Michael Sail**

**Ethel Marzolf**

**By Paul and Connie Lawrason**

# MAH JONGG CARDS

Ladies, it's time to order your 2022 Mah Jongg cards. This is an IMPORTANT fundraising project for Congregation Sinai Sisterhood. PLEASE get orders NOW from players that you know before someone else does! Each card order must include a completed form. Same price as last year.

Orders can be given to: Ilene Feldman 352-242-5105 Kings Ridge  
Susan Mandell: 917-763-1095 Heritage Hills  
Karen Miller: 352-536-1641 Summit Greens  
Marsha Norden: 352-787-9666 Royal Highlands

Orders can be mailed to: Marsha Norden, 21348 Royal Troon Dr.  
Leesburg FL 34748  
or put into the Sisterhood box at Temple

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## 2022 MAH JONGG CARD ORDER FORM

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

PHONE: \_\_\_\_\_

Large Print: \$10 [ ] Standard Print: \$9 [ ] Check #:

Please make check out to: CONGREGATION SINAI SISTERHOOD  
and write "Mah Jongg" in the left corner.

# Tribute Form

## Celebrate Special Events & Commemorate Memorable

## Occasion:

**Birthdays, Anniversaries, Births, Weddings, Bar & Bat Mitzvahs,  
Get Well, Honors, Congratulations, Mazel Tov, Happy Holidays, Memoriams &  
More!!!**

**The minimum donation cost for each Tribute Card is only \$6.50. Larger donations are welcomed. Tributes will also be published in our Tablet Newsletter. Please fill out this Tribute Form and send it in with your check. Write 'Tributes' on the bottom left-hand corner of your envelopes. Please Send This Form & Your Check To: **Congregation Sinai c/o Karen Miller 2515 Squaw Creek Rd, Clermont, FL 34711****

**Donor's Name:** \_\_\_\_\_

[illegible]



## **Happy Birthday**

**Steve Silpe**

**From Gwen Levy**

**Janet and Phil Bloom**

**Michele Sobel**

**From Gwen Levy**

**Janet and Phil Bloom**

**Rocky Coleman**

**From Gwen Levy**

**Janet and Phil Bloom**

**Darlene Hornstein**

**From Gwen Levy**

**Sandy Gartner**

**From Gwen Levy**

**Janet and Phil Bloom**

***John Levy***

**From Gwen Levy**

**Evan Cronson**

**From Gwen Levy**

**Janet and Phil Bloom**

**Ellie Hess**

**From Gwen Levy**

**Tobie Koskie**

**From Gwen Levy**

**Janet and Phil Bloom**

**Alan Morgenstern**

**From Gwen Levy**

**Alan Spickler**

**From Gwen Levy**

## **Get Well**

**David McKean**

**From Gwen Levy**

**Ellen Rosen**

**From Karen and Stu Miller**

**Gwen Levy**

**Ava and David McKean**

**Michele and Pete Sobel**

***Janet and Phil Bloom***

**Sisterhood**

**Karen Mandel**

**From Karen and Stu Miller**

**Michele and Pete Sobel**

**Ava and David McKean**

**Gwen Levy**

**Sisterhood**



**Mazel Tov on Your  
New Home**  
**Bev and Lou Chern**

**Karen and Stu Miller**  
**Michele and Pete Sobel**  
**Ava and David McKean**  
**Gwen Levy**

**Thank You**  
**Bev Chern For all your  
hard work on the cruise**  
**From Karen and Stu Miller**  
**Janet and Phil Bloom**  
**Gwen Levy**

**Peter Sobel for your  
Culinary skills**  
**From Sisterhood**

**Joel Mandel for your  
Donut Donation**  
**From Sisterhood**

XX

There is some confusion about who gets what mail..

Item	Goes to	Forwarded to
Tributes	Karen Miller	Marsha Norden (Sisterhood Treasurer)
Memorial Board	Andy Feldman	Walter Friedman
Yahrzheits	Andy Feldman	Newsletter
Tree of Life	Andy Feldman	Roz Haskelson
Events	Andy Feldman	Event Chairperson
Sisterhood	Marsha Norden	
Men’s Club	Joel Mandel	

If you have any questions, please contact Jack Gartner or Pete Sobel

**Happy Anniversary**  
**Alan and Steffie Morgenstern**  
**From Gwen Levy**

**In Memory of**  
**George Slotnick**  
**From Marsha and Lee Norden**  
**Karen and Stu Miller**  
**Gwen Levy**  
**Men’s Club**

**Harold Morrison (brother of**  
**Bunnie Friedman**  
**From Marsha and Lee Norden**  
**Ava and David McKean**  
**Gwen Levy**  
**Sisterhood**



**Our Sisterhood Cruisers had a wonderful time. Join us next time.**

## **Thinking about PASSOVER?**

Congregation Sinai is hoping to have a second night Seder on Saturday, April 16, 2022 at the synagogue. Joe will lead us as we read the Haggadah, sing songs, and eat the ceremonial foods..

Watch for more information in the February Tablet, but keep the date open!

Thanks

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## Just Cruising Along



**Cartagena, Colombia**



**President and First Lady**



**Our Leader Lou Chern**



**Shabbat on the Ship  
Six Challahs,  
4 bottles of wine**



**L' Chaim from  
Evelyn Gold**

January 2022						
◀ Dec 2021					Feb 2022 ▶	
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
<b>2</b> No Religious School	<b>3</b> Adult Hebrew Translation 7:00 PM	<b>4</b> Adult Education 10:00- 11:30	<b>5</b> Adult Beginning Hebrew 7:00 PM	<b>6</b> Book Club 1:00 PM	<b>7</b> Healing Service 7:00 PM Kabbalat Shabbat 7:30 PM	<b>8</b> Short Shabbat Service 10:00 AM Torah Study 10:30 AM
<b>9</b> Religious School 10:30-11:30 AM	<b>10</b> Adult Hebrew Translation 7:00 PM	<b>9</b> Adult Education 10:00- 11:30 Men's Club Spirit Night Akina	<b>12</b> Adult Beginning Hebrew 7:00 PM Sisterhood Board 10:00 AM	<b>13</b> Sinai Board Meeting 7:00 PM	<b>14</b> Kabbalat Shabbat 7:30 PM	<b>15</b> 8 Short Shabbat Service 10:00 AM Torah Study 10:30 AM
<b>16</b> <b>2</b> No Religious School	<b>17</b> Adult Hebrew Translation 7:00 PM	<b>18</b> Adult Education 10:00- 11:30	<b>19</b> Adult Beginning Hebrew 7:00 PM	<b>20</b> Sisterhood General Meeting 12:00 Noon	<b>21</b> Kabbalat Shabbat 7:30 PM	<b>22</b> 8 Short Shabbat Service 10:00 AM Torah Study 10:30 AM
<b>23</b> Religious School 10:30-11:30 AM	<b>24</b> Adult Hebrew Translation 7:00 PM	<b>25</b> Adult Education 10:00- 11:30	<b>26</b> Adult Beginning Hebrew 7:00 PM	<b>27</b>	<b>28</b> Kabbalat Shabbat 7:30 PM	<b>29</b> 8 Short Shabbat Service 10:00 AM Torah Study 10:30 AM
<b>30</b> Religious School 10:30-11:30 AM	<b>31</b> Adult Hebrew Translation 7:00 PM					

More Cale







